



THE NORTH AMERICAN MENOPAUSE SOCIETY

Promoting women's health at midlife and beyond

Original Link: <http://www.menopause.org/for-women/nams-em-more-em-magazine-collaboration>

NAMS & *MORE* Magazine Collaboration

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Keep up on our collaboration with *MORE Magazine* (which celebrates women 40+). This exciting feature appears monthly.

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- [Your Top 5 Menopause Problems—Solved!](#)
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- [Your Vagina: A Menopause Manual](#)
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- [Prevent Menopausal Joint Pain](#)
- [How to Confirm Your Menopause Status](#)
- [Instant Help For Induced Menopause](#)
- [Help for Handling Stress—and Why You Need It](#)
- [The Menopause Herb Garden](#)
- [How to Keep Bones Strong Longer](#)
- [A, B, C or ZZZZ? The Menopause Sleep Quiz](#)
- [Test Your Heart-Health Knowledge](#)
- [Ask the Sexperts: Six Suggestions for Superior Sex](#)
- [The Lowdown on Bioidentical Hormones](#)
- [Five Fixes for Hot Flashes](#)

The screenshot shows the top portion of a webpage from MORE Magazine. The magazine's logo is at the top left, and a search bar is at the top right. Below the logo is a navigation menu with categories: BEAUTY, FASHION, ENTERTAINMENT, HEALTH, REINVENTION & MONEY, NEWS. Underneath are sub-categories: Wellness, Fitness, Healthy Eating, Breast Cancer, Perimenopause & Menopause. The article title is "The Lowdown on Bioidentical Hormones" by Whitney Utien, MD, PhD, Executive Director, The North American Menopause Society (NAMS). The article text discusses the FDA's warning about compounded bioidentical hormone therapy for menopause-related symptoms. A photograph of a woman in a green top looking at her hands is on the left side of the article.

