

Original Link: http://www.menopause.org/for-women/nams-em-more-em-magazine-collaboration

NAMS & MORE Magazine Collaboration

Home > For Women > NAMS & MORE Magazine Collaboration

Keep up on our collaboration with *MORE Magazine* (which celebrates women 40+). This exciting feature appears monthly.

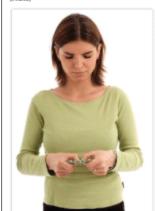
- <u>Is It Menopause or a Thyroid Problem?</u>
- Menopause and Memory Loss
- Perimenstrual Signs: What's Normal and What's Not?
- Diabetes Hits Hard at Menopause: Beat It Back
- How to Increase Your Sexual Desire During <u>Menopause</u>
- Are You Experiencing Early Menopause?
- <u>Calcium: How Much Do I Need Around</u> <u>Menopause?</u>
- <u>10 Ways to Deal with Stress Related to Menopause</u>
- Black Cohosh & Menopausal Symptoms
- <u>Get Positive About Body Image</u>
- Menopause and Eye Health
- The Skinny on Menopause and Skin
- Going Mad in Perimenopause? Signs and Solutions
- The Three Stages of Menopause: What to Expect
- Perimenopausal Migraines: What You Need to Know
- Your Top 5 Menopause Problems—Solved!
- <u>8 Sleep Solutions for Menopausal Women</u>
- <u>10 Menopause Myths—Busted!</u>
- <u>Bite-sized Introduction to Perimenopause</u>
- Protect Your Menopausal Heart
- Beat and Treat Postmenopausal Osteoporosis
- Beat Menopausal Weight Gain
- Make Yourself Immune to Menopausal Stress
- Your Vagina: A Menopause Manual
- <u>Resolutions for Menopausal Women</u>
- Prevent Menopausal Joint Pain
- How to Confirm Your Menopause Status
- Instant Help For Induced Menopause
- Help for Handling Stress—and Why You Need It
- <u>The Menopause Herb Garden</u>
- How to Keep Bones Strong Longer
- <u>A, B, C or ZZZZZ? The Menopause Sleep Quiz</u>
- <u>Test Your Heart-Health Knowledge</u>
- <u>Ask the Sexperts: Six Suggestions for Superior Sex</u>
- <u>The Lowdown on Bioidentical Hormones</u>
- Five Fixes for Hot Flashes

MORE REALTY RANNON EXTERTADUATION REALTY REMOVEMENTION & MONTEY NEWS Wellness Fances Houstly Edity Dreast Carcet Perforespacese & Monopause

< Back to Health : Perimenopause & Menopause

The Lowdown on Bioidentical Hormones The North American Menopause Society unight in on this controversial form of hormon therapy.

By Wulf H. Utian, MD, PhD, Executive Director, The North American Menopause Society (NAMS)



With so much confusion surrounding the use of custom-compounded biolectrical hemosone therapy for treatment of macapanae-rolated symptoms socia in bot flushow, the US Food and Drug Administration (FDA) subgred in with a varning about the potential harm from these products. On Lannary 9, accosed, the FDA varned aware compounding pharmacies that their elements that their drugs can prevent or treat anciena diamana, including Atheimer's diamana, including Atheimer's diamana, including Atheimer's diamana, including and various diamana, including atheimer's diamana, including Atheimer's diamana, including Atheimer's diamana, including area of cancer, are unsupported by medical evidence and therefore accuidence diama. Since compounded drugs are not reviewed by the FDA, women are encouraged to use government-paparoted, tested drugs whenever possible.

The term "bioidentical hormone therapy" itself most accessibly describes a neckotion containing entropyen, progenterone, or other hormones that are chemically exact duplotes of hormones produced by women, primarily in the ovaries. Many of these tiodentical hormones (ag, estimatio, progenterone) are commercially available in well-tested,